

INFLAMMATION - THE LINK TO OSTEOARTHRITIS

Reducing Knee Pain by Reducing Inflammation

One may assume that knee pain among mature adults is simple wear and tear on the joint. Or perhaps from the stress of added weight over time. Instead, the most common cause of knee pain in osteoarthritic patients is the inflammation in the joint (or synovial fluid). Adiposano® includes Hyaluronic Acid (HADC), an effective ingredient used in many knee injections to reduce pain/inflammation.

What To Expect

When taking Adiposano®, you should be aware that it works over a period of weeks to change the rate of pro-inflammatory influence being released from your excess white adipose tissue (waist). This process will not be an overnight change. Most studies require 60 to 90 days to make an impact or have an effect that you can feel or notice. This is exactly what happened for patients with knee pain.

30 days

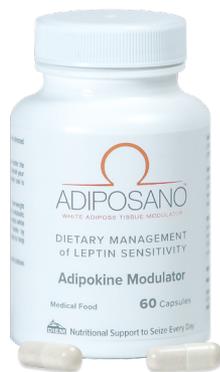
Patients noticed a small change or difference in knee pain.

60 days

Patients noticed a much greater difference in knee pain and more flexibility

90+ days

Patients feel the full improvement in pain and flexibility.



The change is metabolic in nature – and the inflammation causing pain in their knee is being changed from the inside, naturally. Once knee pain is reduced, Adiposano® can help you to maintain this improved status. By continuing to take Adiposano®, you can continue to keep knee inflammation (and knee pain) at relatively low levels.

Easy Reordering with 



Adiposano.com



1-800-971-3721 ext. 3



adiposano@diemlabslc.com

We welcome your questions and comments! Our customer care associates are available to assist you Monday through Friday 8:00am to 4:00pm CST.


ADIPOSANO®
WHITE ADIPOSE TISSUE MODULATOR

Adiposano® is a medical food indicated for overweight or obese individuals (BMI >30) who exhibit characteristics of Excess White Adipose Tissue Syndrome (eWATS). *Excess White Adipose Tissue Syndrome is a newly proposed designation suggested to identify those in a pre-metabolic-syndrome state who may benefit from early dietary and lifestyle interventions designed to promote metabolic health before it progresses to an acute medical concern.

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A Metabolic Modulator for Osteoarthritis

▶ White adipose tissue (WAT) acts as an organ, release hormones called adipokines, that can negatively impact health and comfort. Adiposano® works naturally to reduce WAT and modulate adipokine release to reduce the rate of inflammation in synovial fluid (such as the knee joint).



**Within 90 Days,
Adiposano® has
been shown to:**

Reduce Synovial Inflammation

For most mature and overweight adults, knee pain is less a mechanical joint issue and more of a discomfort due to inflammation. Excess Adipose Tissue causes inflammation throughout the body, and the knee joint can be particularly affected and inflamed. This causes pain that can be relived once the (joint) inflammation is reduced.

Reduce Systemic Inflammation

A 3-month treatment of Adiposano® has been shown to reduce leptin levels in serum and in synovial fluid (knee joints). These results help explain why the pro-inflammatory state of the knee joint cause pain and can be reduced/ relieved once the source of the inflammation is removed or reduced.

▶ **Use as directed for metabolic and synovial maintenance**

Adiposano® is a safe and effective medical food supplement for metabolic maintenance. Your healthcare provider has recommended Adiposano® to help you maintain your metabolic health and better manage your knee pain.

Diem Labs is committed to your success.

We'll be with you every step of the way, ready to serve you with your reorders, question or concerns. Email us anytime at adiposano@diemlabslc.com or call us at **1-800-971-3721 (ext. 3)** Monday through Friday, 8am to 4pm CST.

Oralvisc® is the active ingredient in Adiposano® and was used in the clinical studies referenced above.

1. Petrov, P. D. et al. *Cell. Physiol. Biochem.* 37, 1792–1806 (2015)
2. Reynés, B. et al. *J. Funct. Foods* 26, 350–362 (2016)
3. Nelson, F. R. et al. *Rheumatol. Int.* 35, 43–52 (2015).

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